

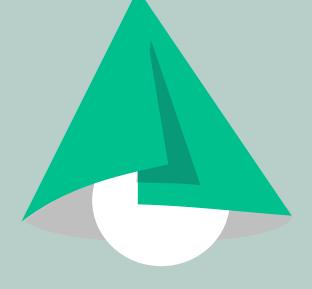


Activities of Teaching Natural Sciences and Environmental Education that involve movement and exercise

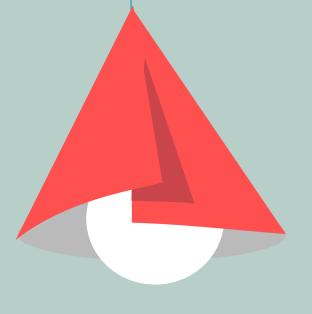


Clean up campaign - Aim





Sensitize students about the problem of pollution



Involve them in cleaning actions as a means of raising awareness









Approach public spaces/ make observations about the problem of pollution in these spaces

Weight and record the various quantities

Discuss in the classroom the numbers and quantities

Through recycling: garbage is reduced, and raw materials and natural resources are reused

Collect litter, classify according to material and place in corresponding recycling bags

Place recyclables in the respective recycling bins and waste in the trash

Highlight the importance of proper classification of the materials





The water cycle - Aim









To get to know the different phases – stages of the water cycle and the factors that contribute to the evaporation, transpiration, condensation, precipitation (rain or snow) and collection of water.





The water cycle - Description





Children
represent with
movement the
process of
evaporation,
cloud formation,
thickening, and
then, due to
cooling, the
creation of rain



Initially they raise their hands towards the sun to show that they are warming up and then they climb to a higher level to demonstrate evaporation and cloud formation



Having created clouds, a cold wind blows and they jump off the desk showing that they have turned into rain and returned to the sea



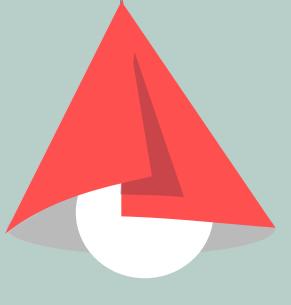
In this way they
perceive the
various changes
in the state of
water during the
different phases
of the water
cycle



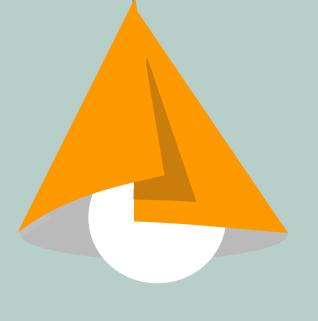


Soap bubbles in science - Aim





Development of problem-solving skills through trial and error



Development of scientific skills









Soap bubbles in science - Description



Children are asked to use various objects to make soap bubbles in order to ultimately make a soap bubble that is so big that they can enclose themselves in it.





Limbo game for assessment - A representation





The limbo game is used as part of an assessment activity for any subject or topic









Limbo game for assessment - Description

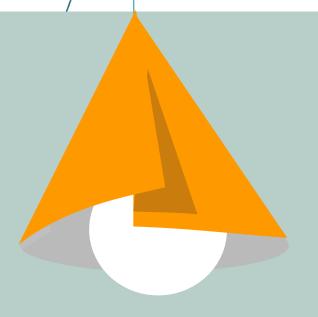
The game is played at the end of the lesson

In order to have the right to pass under the rope, children must correctly answer a question connected to the lesson





Game "Say cheese!" for assessment - Aim



The game is used as part of an evaluation activity for any subject or topic



Game "Say cheese!" for assessment - Description

If the "photographer" does not manage to catch a child, then he/she continues to count

When children get close enough to the photographer, they touch him/her on the back and run

The "Photographer" says aloud "one-two-three say cheese!" - with this signal, the children move forward

If a child is caught by the photographer, then he/she becomes that photographer

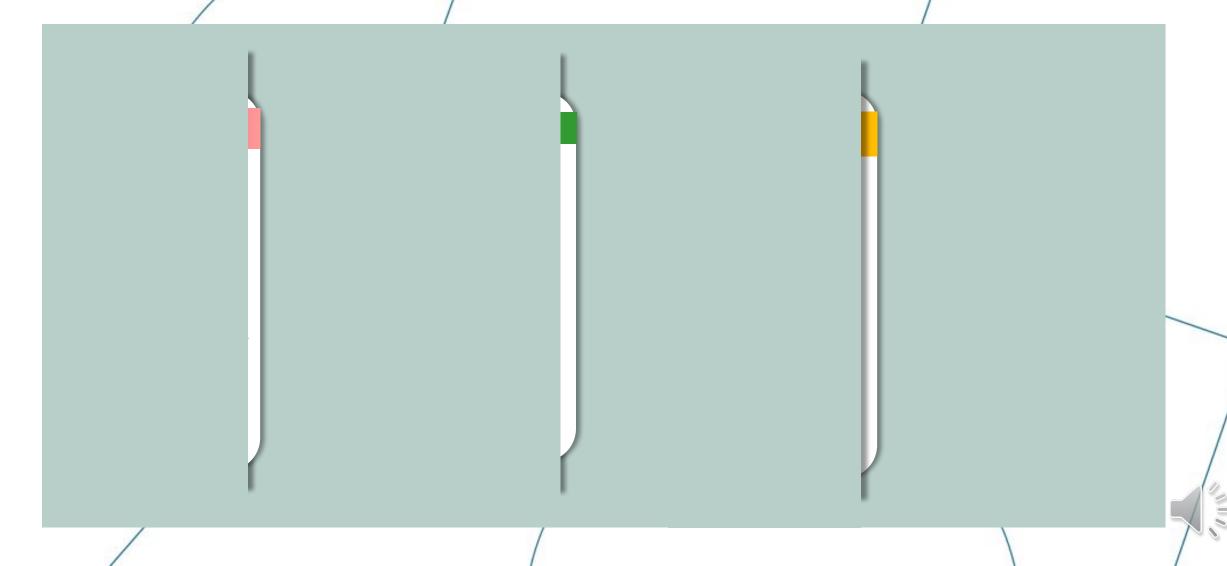
When the photographer turns, they must remain still, like statues. Whoever moves loses

¹The "photographer" counts to three facing the wall. The rest of the kids stand on a starting line behind him/her





Game "Say cheese!" for assessment - Description







Field study: plant recognition and creation of a herbarium - Aim





Familiarization with the flora species of the area









Field study: learning about species through treasure hunt - Aim





Familiarization with local flora and fauna





HEPA. Field study: learning about species the Programme physical activity treasure hunt - Description



Teacher has identified characteristic species of the area and has hung signs with clues

Students move around the space and locate the signs

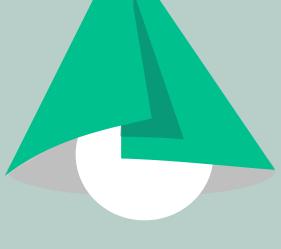
> They solve the clues (connected to information about the plants) and reach the treasure.





Learning about animal species through outdoors games- Aim





Familiarization with local fauna

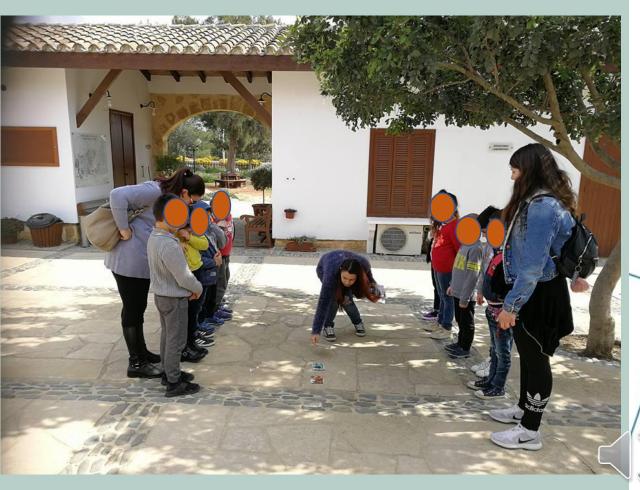






Learning about animal species through outdoors games- Description



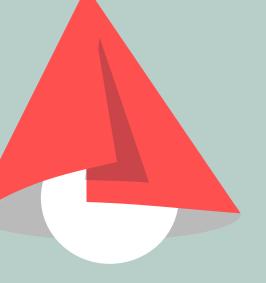






Field study: recognition and study of plant species populations - Aim







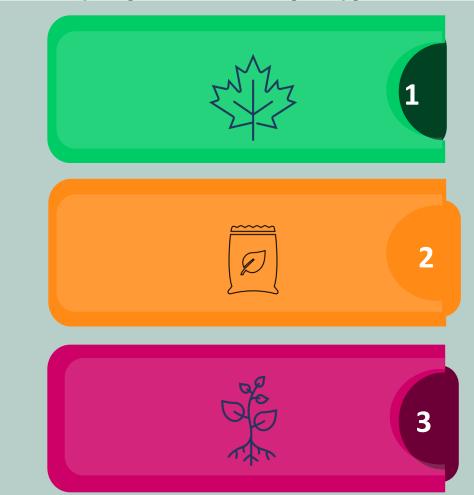
Familiarization with the flora species of the area





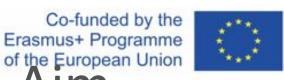


Field study: recognition and study of plant species populations - Description



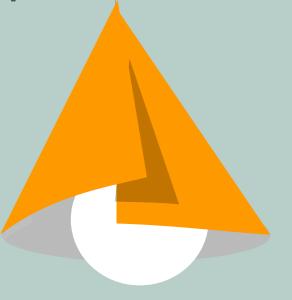






Artistic Expression in the nature Aim









Familiarization of children with the characteristics and structural elements of the space in which they move and function through the observation and utilization of natural elements in an artistic intervention in space





The teacher asks the children to observe the outdoor environment around them and to spot something red, something green, something blue and something yellow, for example



With the materials they have found, they are asked to work in groups and create a temporary artistic intervention in the space



Each group
explains to the
others their work
and walks and
watches the work
of the other
groups







Activities of Teaching Natural Sciences and Environmental Education that involve movement and exercise